

# ONE MISSION ONE VISION



Issue 6: September 2020

## A MESSAGE FROM THE ADMINISTRATIVE BISHOP



Welcome to the sixth issue of the One Mission One Vision newsletter.

In this issue you will find articles regarding the opening of one of our churches, information on the upcoming Women's Discipleship National Day of Prayer & Fasting,

an update on the key guidance regarding COVID-19, information from the Leadership Training Centre as well as some further useful information about looking after your mental health.

September has been an interesting month as we continue to embrace the 'new normal'. On 5th September 2020, we made history by holding our first Annual General Meeting

virtually via Zoom. It was a great success.

As we will all know from the recent announcement by the Prime Minister Boris Johnson, additional restrictions have been put in place across England to reduce the spread of the virus. This includes a reduction in numbers at weddings to 15 people. I am sure that our churches will deal with any of the changes and continue to manage the restrictions well.

We continue to pray for the safety and well-being of our pastors, families, congregations and communities.

I am confident that God is going to see us through this pandemic, in the meantime we must do our part by following the Government guidelines.

**Bishop Dr. Donald Bolt**

## THE OPENING OF OUR CHURCHES - NTCG West Croydon



As we go through the process of re-opening our churches, Bishop Norman Gooden was interviewed to find out his experience of opening NTCG West Croydon.

### How long have you been open?

We reopened West Croydon church for public worship on the 16th August.

### What preparation did you have to do before opening?

We had to submit a Risk Assessment document that would meet the requirement for reopening; this was in accordance with the government guidelines and National Office instruction.

### What precautions have you had to put in place for reopening?

We put social distancing markers in place to meet the two metre requirement. Sanitising stations have been erected on entrance walls. We created a one way system with two different accesses for entrance and exit. Ushers and first aiders are clearly identified with their clothing.

We then had a trial service the week before to make any further adjustments necessary before opening.

The planning took some time, but we were up to the challenge as the team and I had sat down many weeks before to pre-plan.



### How was your first public worship?

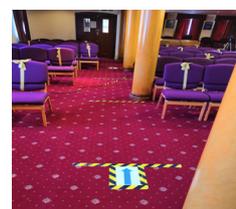
It has gone extremely well with everything in place prior to the opening which makes everything flow very easily.

### Do you have many people coming to the church?

The numbers of people coming back to church is varied with up to around 55 people.

### How do the congregants feel about the reopening?

The people are feeling very excited to be back and we are still continuing with live stream services and Zoom.



Over the last month the National Creative Arts Department has been focussed on delivering the national vision and establishing the structure on which effective local ministry can be built, developed and expanded. Communications have been sent to all local pastors detailing the new role of District Creative Arts Lead and the process which can be seen in the flyer (by clicking below) and the advertisements which have been circulated.

**[DISTRICT CREATIVE ARTS LEAD FLYER | CLICK HERE](#)**

Weekly meetings are taking place with the ministers and creative arts ministry practitioners for each district. Amongst those we have met with so far are the Wolverhampton, Leeds, Bilston, Sheffield and Nottingham Districts and we are looking forward to completing our virtual journey around the country to speak to you all on the appointed dates.

We have released a number of the songs that we developed for the Homegoing Service of our Mother Rose Lyseight in August which can be found on the NTCG Online social media pages and we hope to release one of the songs that were specifically commissioned by the family of our Mother Cherie Parkinson also.



Some of you may not be aware but we were also asked to join with International Church of God choirs and ensembles in the delivery of a video for the Global Celebration which was broadcasted on 18th September 2020. The video was reposted by Dr Tim Hill on his Facebook page and can be found at the link below:

**facebook**

We continue to work hard to support both the national Church and the creative arts practitioners across the UK.

**Aundrae Jordine**  
NTCG National Creative Arts

## COVID - 19 UPDATE

*Source:BBC website*

**With an increase in cases in the UK, the following restrictions have been put in place for England from 24th September 2020.**

- Pubs, bars and restaurants to close at 22:00 BST and restricted to table service only
- People should work from home wherever possible
- Face masks are compulsory for bar staff and non-seated customers, shop workers and waiters
- The limit of guests at a wedding has reduced from 30 to 15 people
- Plans to allow fans to return to sporting events paused
- "Rule of six" now applies to indoor sports
- Fines for not wearing masks or following rules increased to £200 for first offence

### What is different in Wales?

- Pubs, cafes and restaurants will have to stop serving alcohol at 22:00 and pubs will be required to provide table service only
- Sales of alcohol from off-licences and supermarkets after 22:00 will also be stopped

### What are the New Northern Ireland Meeting Rules?

- People in Northern Ireland can no longer meet anyone who they don't live with inside their home
- About 600 pubs which only serve drink have been told they can reopen from Wednesday with social restrictions but as yet, no early closing time.

**MORE INFO**

# LEADERSHIP TRAINING CENTRE



A big congratulations to twenty-six candidates who have successfully passed 96% of the examinations they took at LTC on Saturday 12th Sept 2020. This is an excellent achievement for our students who have embarked on the Calling and Ministries studies (CAMS) and completing Ministerial Internship Programmes (MIP).

In spite of the challenges presented by the global pandemic, our students have grasped the opportunity to progress in their theological studies.

We and our academic partners are ready for more applicants at all levels for personal, academic enrichment or Ministerial formation.

We are currently developing robust infrastructures to deliver, support and manage online learning provisions for all who choose to embark on studies for personal

enrichment or Continuous Professional Development in our denomination.

Our body of facilitators is preparing themselves to deliver our courses (on zoom) as outlined in our updated prospectus.

Pastors, Ministers and Ministry leaders are urged to encourage applicants to book courses quickly via the Eventbrite link below ↘

We convey gratitude to our growing team of workers, Education board members and stakeholders who continue to promote lifelong learning, training and development of leaders to become transformational, committed representatives of God's kingdom.

**Rev Delroy Henry**  
National Director of Education



**Eventbrite**

## KADEEN'S LTC JOURNEY

My name is Kadeen Richards and I have been a member of NTCG West Croydon Church since 2011, under the leadership of Bishop Norman Gooden. I serve on the Family Training Hour team but my main Ministry is as a Sunday School Teacher.

There has always been a deep passion and hunger to learn more about the Lord and develop my teaching skills, so I can be more effective in the Kingdom of God. The Practice Educator in my Local Church encouraged me for a while to study at the Leadership Training Centre (LTC), but at first, I thought this is not for me. Eventually, I started the Certificate in Ministerial Studies (CIMS) programme in 2017. I have completed three courses. 'Knowing your Church'; 'Christian Ethics & Practical Theology' and 'Understanding Yourself and Others'. I recommend these to anyone at a local level.

My journey with LTC has been an enjoyable one. The support given by the staff is next to none; not forgetting the lovely people I met on the various courses. The resources provided made it possible for me to have a good outcome in my studies.

There is something for everyone at the Leadership Training Centre.

**Kadeen Richards**  
CAMS Student 2019 - 2021



**PROSPECTUS**  
2019 - 2021

Building Committed, Confident Leaders

## CONTACT US



[education@ntcg.org.uk](mailto:education@ntcg.org.uk)



01604 824233/8

## EDUCATION BOARD MEMBER PROFILE: BISHOP ANTHONY PARRY



Bishop Parry has served as a LTC Facilitator for over a decade, leading the Old & New Testament modules. These cover the various literary genres within Holy Scripture, Salvation History and formation of the NT Canon etc. As a Board Member, he holds the portfolio for partnerships and ecumenical working.

**Register On Eventbrite**

Click on the below link to book courses and exams online. Your full resources pack will be sent to you prior to your session start date.

**CLICK HERE**

**DON'T DELAY...BOOK TODAY!!**



# How to Look After Your Mental Health with Exercise

**There are many reasons why physical activity is good for your body – having a healthy heart and improving your joints and bones are just two, but did you know that physical activity is also beneficial for your mental health and wellbeing?**

We need to change the way we view physical activity in order not to see it as something we ‘have to do’, ‘should do’ or ‘ought to do’ for our health, but as something that we do because we personally value its positive benefits to our wellbeing.

## What is Physical Activity?

At a very basic level, physical activity means any movement of your body that uses your muscles and expends energy. One of the great things about physical activity is that there are endless possibilities and there will be an activity to suit almost everyone!

It is recommended that the average adult should do between 75 and 150 minutes of exercise a week. This can be either moderate intensity exercise, such as walking, hiking or riding a bike, or it can be more vigorous activities, such as running, swimming fast, aerobics or skipping with a rope. Any activity that raises your heart rate, makes you breathe faster, and makes you feel warmer counts towards your exercise!



**An easy way to look at types of physical activity is to put them into four separate categories:**

<b>Exercise</b> Purposeful activity carried out to improve health or fitness, such as jogging or cycling.	<b>Play</b> Unstructured activity that is done for fun or enjoyment.	<b>Sport</b> Structured and competitive activities that include anything from football or squash.	<b>Daily Physical Activity</b> Recreational or leisure-time activity. Transportation, work, household chores etc.
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## What is Wellbeing?

The government defines wellbeing as ‘a positive physical, social and mental state’. For our purposes, we are focusing on mental wellbeing. Mental wellbeing does not have a single universal definition, but it does encompass factors such as:

- The sense of feeling good about ourselves and being able to function well individually or in relationships
- The ability to deal with the ups and downs of life, such as coping with challenges and making the most of opportunities
- The feeling of connection to our community and surroundings
- Having control and freedom over our lives
- Having a sense of purpose and feeling valued

Of course, mental wellbeing does not mean being happy all the time, and it does not mean that you won’t experience negative or painful emotions, such as grief, loss, or failure, which are a part of normal life. However, whatever your age, being physically active can help you to lead a mentally healthier life and can improve your wellbeing.

## What Impact Does Physical Activity Have on our Wellbeing?

Physical activity has a huge potential to enhance our wellbeing. Even a short burst of 10 minutes’ brisk walking increases our mental alertness, energy and positive mood. Participation in regular physical activity can increase our self-esteem and can reduce stress and anxiety. It also plays a role in preventing the development of mental health problems and in improving the quality of life of people experiencing mental health problems.

**MORE INFO**

COME & JOIN  
US AS WE SEEK  
TO PRAY FOR OUR  
NATION

# NATIONAL DAY OF PRAYER & FASTING

SATURDAY 3<sup>RD</sup> OCTOBER 2020 | 10<sup>AM</sup> - 1<sup>PM</sup>

Theme: **IF WE PRAY, GOD WILL...**

Hear from heaven . Forgive our sins . Heal our land

2 Chronicles 7:14 | Isaiah 58:6



**Host:**

Mrs. Joycelyne E. Bolt  
National Director  
Women's Discipleship Ministries, England & Wales



**Guest Speaker:**

Dr. Paula Sewell (USA)



**Communion Celebrant:**

Rev. Laurel Woodstock

**ZOOM** Meeting ID: 967 9592 7641 Pass code: 594492 | Dial in: 0131 460 1196

For further information, please contact:

National WDM: 01604 824 222 Website: [www.ntcg.org.uk/wdm](http://www.ntcg.org.uk/wdm) Email: [wdm@ntcg.org.uk](mailto:wdm@ntcg.org.uk)

## In the Spotlight



## Rev Joseph Kinuthia

I would like to introduce you all to Rev Joseph Kinuthia. Rev Kinuthia has been working within the NTCG family at the National Office as National Accountant for almost 13 years. He is the Head of the Finance department, overseeing the finances for the NTCG charity.

When asked, Rev Kinuthia stated that he was proud of two things in his work with NTCG. Firstly, when he joined NTCG they were behind with their accounting and he is proud that he was able to get them up to

date and to develop the financial systems so that we are now filing accounts on time and often in advance of deadlines. Rev Kinuthia is also proud of serving as Minister within NTCG.

In his spare time, Rev Kinuthia coaches people without a finance background in giving them a better understanding of their church and personal finances.

Rev Kinuthia is married to Theresa and they have two children.

IMPACTING LIVES WITH  
OPERATION CHRISTMAS CHILD



Botswana, 2019

# OPERATION CHRISTMAS CHILD

**PACK A SHOEBOX GIFT  
SEND A CHILD A MESSAGE OF LOVE**

## Be Part of Something Special Together!

In what has been a year of uncertainty for many, your church can bring great hope and joy - changing a child's life this Christmas. Shoebox gifts are a direct and meaningful way for all ages to impact the lives of millions of precious children in need around the world this Christmas.

Have fun safely packing Operation Christmas Child shoebox gifts full of toys, school supplies, hygiene items and accessories or pack a shoebox online and we will do the packing for you at our socially distant processing centres! The shoeboxes packed by your church will soon be delighting an excited group of children who may never have received a gift before and will show to them that they are loved and special to God.

An Operation Christmas Child shoebox gift...

**Inspires Joy** - You'll be giving unimaginable excitement and hope to children in need around the world.

**Reaches Further** - Partnering with Operation Christmas Child ensures shoeboxes get to hard-to-reach groups.

**Shares God's love** - Your shoebox will reach a child in need through one of over 75,000 local churches overseas in over 100 countries, sharing the Good News of life and hope in Jesus in a child-friendly way.

**Is Specially Delivered** - Rest easy knowing your shoebox gift will be delivered through church and community leaders who've been trained to prioritise safety and lead well-organised celebrations.

**Builds Links in YOUR Community** - Inviting your local community to pack shoeboxes is fun and welcomes them into the life and other activities of your church or group. Your shoebox gift with Operation Christmas Child...

### How to get involved...

1. Simply visit [www.samaritans-purse.org.uk/mychurch](http://www.samaritans-purse.org.uk/mychurch) to order your church leaflets, pre-printed shoeboxes, download inspirational videos and find other helpful resources to help get you starting packing shoeboxes this year!
2. Drop your shoeboxes off during **National Collection Week – 9th-16th November 2020**. (your most local drop off location can be found on the Samaritan's Purse website - link below)
3. Wary of going out? Consider encouraging your church to pack their shoeboxes online instead and we will pack and send your boxes for you! Visit Shoebox Online at [www.shoeboxonline.org.uk](http://www.shoeboxonline.org.uk)

Thank you for considering to part of this amazing and joyful worldwide ministry during such a crucial year. Since 1990, more than 178 million children in over 160 countries have experienced God's love through the power of simple shoebox gifts from Operation Christmas Child and we look forward to your church being part of something special this year!

# THE ENGINE ROOM 2020



NOW ON **zoom**

**THE ENGINE ROOM** is a national prayer strategy designed to underpin the mission and ministry of the New Testament Church of God at national, district and local levels. During these sessions, prayers are offered for a wide range of needs as well as thanksgiving for all God has done and will continue to do in the lives of his people.

Dr. Donald Bolt - Administrative Bishop

## IN THE ENGINE ROOM WE STAND IN THE GAP AND MAKE INTERCESSIONS FOR:



Marriages and Families



Persecuted Christians



Politicians and Governments around the world



Those who are sick and various other needs



Nations and World Leaders



People suffering as a result of natural or man-made disasters and crises



The victims of terrorist attacks

Join us at **10:00am - 11:30am** on the following dates:

**WED 7 OCTOBER, 2020**

**WED 11 NOVEMBER, 2020**

**WED 9 DECEMBER, 2020**

**zoom** Meeting ID: **998 3985 5594** | Passcode: **292767**

DIAL IN: 0208 080 6591 | 0208 080 6592

All are welcome! Places are limited so please log in early to avoid disappointment.



For further information please speak to your local pastor or email: [admin@ntcg.org.uk](mailto:admin@ntcg.org.uk)